

We need your Help to Fundraise to End Hunger TODAY!

For more information: <http://fundraising.active.com/event/EllenGordonCPAs4aCause>



13th Annual

Ellen Gordon

CPAs 4(a): Cause

5K Run/Walk to End Hunger



Saturday, June 14, 2014

Eisenhower Park, Field #1

East Meadow, NY

(Access from Merrick Ave. entrance only)

Registration Starts

at 7:30 AM

Race Time: 8:30 AM

Race timed by: Start2Finish

Proceeds will benefit:



www.islandharvest.org

Name _____ Sex M F

Age on Race Day _____ Birth Date _____

Email _____ Phone _____

Address _____

City _____ State _____ Zip Code _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, dehydration, traffic, and the conditions of the road, all such being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the New York State Society of Certified Public Accountants, Island Harvest, the County of Nassau, NCCPAP, FPA of LI, and all sponsors, Race Directors, their agents and volunteers, their representatives and successors from all claims of liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, and any other record of this event for any legitimate purpose. I acknowledge that entry fees are non-refundable for any reason and that my right to participate in this event (or a rescheduled event if this event is cancelled) is non-transferable. Roller Blades, Baby Joggers, Headphones, and Animals are prohibited from participating in this race.

Applicant Signature _____ Date _____

Parent or Legal Guardian's if applicant is under 18

- Register online at Active.com for \$20 (kids under 14 are half price)
- Enclosed is my registration fee of \$30 payable to Island Harvest (kids under 14 are half price)
- Enclosed is my additional tax deductible donation of \$ _____ payable to Island Harvest ; or visit <http://fundraising.active.com/event/EllenGordonCPAs4aCause> to set up a fundraising page and goal.

Mail registration forms & checks to:

Paula Sheppard
P.O. Box 331
Melville, NY 11566
(Or bring to registration table at race)

For more information:

Kenneth Rick or Stacy Keyes
516-542-6300
ken.rick@janoverllc.com

Music

Post-race food & refreshments

Awards:

Top 3 Overall Male

Top 3 Overall Female

Top 3 Finishers in each age
category (5 year groups)

Ribbons for all children under 14

Food Sponsor



Register online: www.active.com or www.glirc.org/events or www.islandharvest.org